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©CosmicRainbowHearts are the creation of Shannon Bronson, and the intellectual property of the Share Your Heart Project. The aim of the Share Your Heart Project is to bring mental, physical and spiritual freedom practices to as many people as possible. The project uses the methods of meditation, movement, creativity, writing and sharing our creations. We believe that the conditions of the world create urgency for all of us to awaken Wisdom and Compassion in our hearts so that we can apply our unique talents, abilities and resources to create unity, inclusion, empathy, and healing in the world. We are all in this together, and we need to all work together in the marathon relay that we are facing away from our existential crisis and towards love, harmony, and belonging.

The Share Your Heart Project gives a path to transformation beginning with the individual, and radiating outward. It aims to work on the thinking brain, the emotional brain and the primitive brain through its methods, because it believes that thinking and doing are insufficient means towards the ends of harmony and peace we each desire in our lives.

The Share Your Heart Project gives permission for a single use of this ©CosmicRainbowHeart for free. You may print one copy of the heart, and use it. If you use it more than once, please donate to the project to support its growth. Currently we are writing a book of instructions and practices to awaken our hearts and connect us authentically to ourselves and each other. If you would like a complete, hand cut set of cards, contact the project further.